

## St Agnes Lunch Menu – Week 1



C of E Primary School

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meal Option 1</b>	Sausage and gravy	Spaghetti Bolognese	Beef and pepper Tacos	Cheese Pie	Beef burger
<b>Meal Option 2</b>	Home-made Omelette	Cheese Swirls	Battered fish	Veggie balls and pasta bake	Pizza
<b>Meal Option 3</b>	Tuna, Ham and cheese sandwiches	Jacket Potato with Salad, cheese and beans	Jacket Potato with Salad, cheese and beans	Tuna, Ham and cheese sandwiches	Jacket Potato with Salad, cheese and Tuna
<b>Vegetables</b>	Carrots Peas	Peas and sweetcorn	Broccoli Carrots	Greenbeans and carrots	Beans Sweetcorn
<b>Carbohydrates</b>	Wedges Selection of Bread	Mash Selection of Bread	Roast potatoes Selection of Bread	Wedges Selection of Bread	Chips Selection of Bread
<b>Dessert</b>	Biscuits – cookies or shortbread Fruit Yoghurt	Chocolate chip muffins Angel Delight Fruit Yoghurt	Ice-cream Peaches Fruit Yoghurt	Jelly Fruit Yoghurt	Arctic Roll Biscuits Yoghurt Fruit
<b>Drink</b>	Water	Water	Water	Water	Water Fresh fruit Juice



## St Agnes Lunch Menu – Week 3



C of E Primary School

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meal Option 1</b>	Veggie balls and pasta	Lasagne	Mince beef crumble / dumplings	Chicken Wraps	Chicken dippers
<b>Meal Option 2</b>	Cheese pie	Cheese and onion Rolls	Quorn Spaghetti Bolognese	Tomato Pasta	Pizza
<b>Meal Option 3</b>	Jacket Potato with Salad, cheese, tuna and beans	Tuna, Ham and cheese sandwiches	Jacket Potato with Salad, cheese and Tuna	Tuna, Ham and cheese sandwiches	Jacket Potato with Salad, cheese and Tuna
<b>Vegetables</b>	Peas, greenbeans and sweetcorn	Sweetcorn, carrots and peas	Sweetcorn, broccoli and peas	Mixed Veg Peas	Beans Sweetcorn
<b>Carbohydrates</b>	Diced potatoes Selection of Bread	Wedges Garlic bread Selection of Bread	Roast Selection of Bread	Wedges Selection of Bread	Cheesy Chips Selection of Bread
<b>Dessert</b>	Biscuits Fruit Yoghurt	Scones and jam Fruit Yoghurt	Buns Fruit Yoghurt	Frozen Yoghurt Fruit	Choc Ice Yoghurt Fruit
<b>Drink</b>	Water	Water	Water	Water	Water Fresh Fruit juice